

LACR BASIC TRAINING DAY

MARCH 21 , 2020

9 am – 5 pm : HOGHTON and other towers not too far distant.

HOT FOOD

1 HAVING TROUBLE HANDLING YOUR BELL ?

2. WANT TO
IMPROVE YOUR
LISTENING AND
STRIKING ?

3. WANT TO RING
ROUNDS BETTER ?



"You are still pulling a bit too hard Mr Dunn!"

#7. BAFFLED BY
BOB DOUBLES

#6. NOT 'GETTING'
GRANDSIRE?

#5. HUNG UP
ON HUNTING ?

4. WANT TO IMPROVE YOUR TECHNIQUE?

WHAT'S ON OFFER ?

- Ringing rounds
- Ringing last
- Ringing at different speeds
- Leading
- Dodging and making places
- Dodgy rounds and kaleidoscope ringing
- First steps in change ringing
- Friendly, constructive coaching

AM I GOOD ENOUGH TO COME ALONG ?

DEFINITELY YES : IF YOU CAN HANDLE A BELL SAFELY ON YOUR OWN

Especially if you

HAVE NOT BEEN RINGING VERY LONG

OR WISH YOU WERE MAKING BETTER PROGRESS

THINK YOU MIGHT LIKE TO COME ALONG ?

Please email : trainingday@btinternet.com

Quote the numbers # of the topics which will help you most.